

UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN  
 College of Agricultural, Consumer & Environmental Sciences  
 Human Development & Family Studies

## Child Life Specialist

### Recommended Courses

<b>HDFS 108</b>	Grief and Loss Across the Lifespan
<b>HDFS 208</b>	Child and Family Inclusion
<b>HDFS 301</b>	Infancy and Early Childhood
<b>HDFS 305</b>	Middle Childhood
<b>HDFS 350</b>	Early Childhood Curriculum Dev
<b>HDFS 405</b>	Adolescent Development
<b>HDFS 408</b>	Hospitalized Children
<b>HDFS 425</b>	Family Stress and Change
<b>CLCV 102</b>	Medical Terms GRK and LAT Roots

The four-year plan below shows how to prepare for work as a Child Life Specialist while meeting graduation requirements for the HDFS major. Use this plan only as a guide. Consult your academic advisor for suggestions to study abroad, meet James Scholar requirements, add a minor, or choose electives.

### Sample 4-Year Plan

(For students starting the HDFS major in or after Fall 2024)

#### FIRST YEAR

##### Fall Semester

HDFS 101	Opportunities, Careers in HDFS	1
HDFS 105	Intro to Human Development	3
HDFS 108	Grief and Loss Across the Lifespan	3
HDFS 120	Intro to Family Studies	3
RHET 105	Writing and Research	4

Total Hours 14

##### Spring Semester

HDFS 208	Child and Family Inclusion	3
PSYC 100	Intro Psych	4
CMN 101	Public Speaking	3
CHLH 100	Contemporary Health	3
STAT 100	Statistics	3

Total Hours 16

#### SECOND YEAR

##### Fall Semester

HDFS 220	Families in Global Perspective	3
Gen Ed	Natural Science	3
Gen Ed	Cultural Studies/U.S. Minority	3
CLCV 102	Medical Terms GRK and LAT Roots	3
SPED 117	The Culture of Disability	3

Total Hours 15

##### Spring Semester

HDFS 350	Early Childhood Curriculum Dev	4
HDFS 290	Intro to Research Methods	4
SOC 100	Intro to Sociology	4
Gen Ed	Humanities	3
	Elective	1

Total Hours 16

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THIRD YEAR

Fall Semester

HDFS 301	Infancy and Early Childhood	4
HDFS 425	Family Stress and Change	4
Gen Ed	Cultural Studies/Western	3
ACE 240	Personal Financial Planning	3
Gen Ed	Natural Science	3
Total Hours		17

Spring Semester

HDFS 305	Middle Childhood	3
HDFS 405	Adolescent Development	3
HDFS 408	Hospitalized Children	3
Gen Ed	Quantitative Reasoning	3
Elective	300+ Level	3
Total Hours		15

FOURTH YEAR

Fall Semester

HDFS 494	Dev Assessment and Screening	2
HDFS 420	Inequality, Public Policy, US Family	3
Elective	300+ Level	3
Elective	300+ Level	3
Elective	Any Level	3
Elective	Any Level	3
Total Hours		17

Spring Semester

HDFS 426	Family Conflict Management	3
Elective	300+ Level	3
Elective	Any Level	3
Elective	Any Level	3
Elective	Any Level	3
Total Hours		15